

# *My Spices*

*To Keep On Hand Forever and Always*

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|---|--|--|
| <input type="checkbox"/> Allspice           | <input type="checkbox"/> Curry Powder  | <input type="checkbox"/> Red Pepper Flakes |
| <input type="checkbox"/> Anise              | <input type="checkbox"/> Dill Weed     | <input type="checkbox"/> Rosemary          |
| <input type="checkbox"/> Basil              | <input type="checkbox"/> Dry Mustard   | <input type="checkbox"/> Sage              |
| <input type="checkbox"/> Bay Leaves         | <input type="checkbox"/> Fennel        | <input type="checkbox"/> Sesame Seed       |
| <input type="checkbox"/> Black Pepper       | <input type="checkbox"/> Garam Masala  | <input type="checkbox"/> Table Salt        |
| <input type="checkbox"/> Cardamom           | <input type="checkbox"/> Garlic Powder | <input type="checkbox"/> Tarragon          |
| <input type="checkbox"/> Cayenne            | <input type="checkbox"/> Garlic Salt   | <input type="checkbox"/> Thyme             |
| <input type="checkbox"/> Celery Seed        | <input type="checkbox"/> Ginger        | <input type="checkbox"/> Turmeric          |
| <input type="checkbox"/> Chili Powder       | <input type="checkbox"/> Marjoram      | <input type="checkbox"/> _____             |
| <input type="checkbox"/> Cinnamon           | <input type="checkbox"/> Nutmeg        | <input type="checkbox"/> _____             |
| <input type="checkbox"/> Cloves             | <input type="checkbox"/> Onion Powder  | <input type="checkbox"/> _____             |
| <input type="checkbox"/> Coarse Kosher Salt | <input type="checkbox"/> Oregano       | <input type="checkbox"/> _____             |
| <input type="checkbox"/> Coriander          | <input type="checkbox"/> Paprika       | <input type="checkbox"/> _____             |
| <input type="checkbox"/> Cream of Tartar    | <input type="checkbox"/> Parsley       | <input type="checkbox"/> _____             |
| <input type="checkbox"/> Cumin              | <input type="checkbox"/> Poppy Seed    | <input type="checkbox"/> _____             |

*From Mel's Kitchen Café*  
[www.melskitchencafe.com](http://www.melskitchencafe.com)